



# January 2012 Cycle Menu

\$57.00

19 Meal Days

\$3.00 per meal each day

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

**MAKE THE CHECKS PAYABLE TO:**

**\*\* Doctors Charter School of Miami Shores \*\***

\* There is a \$20 bank fee for returned checks & lunch services will cease \*  
Please notify the school of any food allergies that your son/daughter may have.

**\*\* Menu approved by the National School Lunch Program \*\***

January 2-6	<b>Winter Break No School</b>	Jumbo Soft Taco on WW Shell w/ Ground Turkey Lettuce & Tomatoes Shredded Cheese Fresh Fruit Milk Or Salad Bar	Chicken Tenders Mashed Potatoes Broccoli w/ cheese WW Dinner Roll Margarine Peaches Milk Or Salad Bar	Ravioli in Meat Sauce Caesar Salad Fresh Fruit WW Roll Milk Or Salad Bar	Cheese Pizza Tossed Salad W/ Dressing Fresh Fruit Milk Or Salad Bar
January 9-13	Hot dog Baked Beans Corn Banana Milk Or Salad Bar	Chicken Parmesan w/ WW Pasta Veggie Medley Pears Milk Or Salad Bar	Meatloaf with brown sauce Mashed Potato Corn WW Dinner Roll Margarine Fresh Fruit Milk Or Salad Bar	Chicken Caesar Wrap on WW Lettuce & Tomato Carrots Peaches Milk Or Salad Bar	Cheese Pizza Tossed Salad W/ Dressing Fresh Fruit Milk Or Salad Bar
January 16-20	<b>No School Holiday</b>	Chicken in Yellow Rice Sweet Plantain Tossed Salad Fruit Cocktail WW Roll Milk Or Salad Bar	Ravioli in Meat Sauce Caesar Salad Fresh Fruit WW Roll Milk Or Salad Bar	Hot dog Baked Beans Corn Banana Milk Or Salad Bar	Cheese Pizza Tossed Salad W/ Dressing Fresh Fruit Milk Or Salad Bar
January 23-27	<b>No School Teacher Work Day</b>	Hot Dog Baked Beans Corn Banana Milk Or Salad Bar	Sloppy Joes Mashed Potatoes Mixed Vegetables Peaches Milk Or Salad Bar	Chicken Nuggets Mac & Cheese Caesar salad w/cROUTONS Mandarin Segments WW Dinner Roll Margarine Milk Or Salad Bar	Cheese Pizza Tossed Salad W/ Dressing Fresh Fruit Milk Or Salad Bar
January 30-31	Chicken Patty WW Hamburger Bun Lettuce & Tomato Corn Orange Ketchup & Mustard Milk Or Salad Bar	Jumbo Soft Taco on WW Shell w/ Ground Turkey Lettuce & Tomatoes Shredded Cheese Fresh Fruit Milk Or Salad Bar			

**\*\* SUBMIT THIS FORM WITH FULL PAYMENT BY January 6, 2012\*\***