



April 2009 Cycle Menu

\$ 51.00

17 Meal Days

\$ 3.00 per meal each day

Student Name: _____

Grade: _____

MAKE THE CHECKS PAYABLE TO:

**** Doctors Charter School of Miami Shores ****

*** There is a \$20 bank fee for returned checks & lunch services will cease ***

*** NO CASH ACCEPTED ***

Please notify the school of any food allergies that your son/daughter may have.

**** Menu approved by the National School Lunch Program ****

Week 1 April 1-3			Chicken Tenders Mashed Potatoes Broccoli w/ cheese Dinner Roll Peaches Milk	Beefaronni Italian Vegetables Tossed Salad With Dressing Garlic Bread Apple Milk	Cheese Pizza Tossed Salad W/ Dressing Banana Milk
Week 2 April 6-10	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
Week 3 April 13-17	Mexican Tacos w/ beef Lettuce & Tomatoes Shredded Cheese Yellow Rice w/ corn & red peppers Jell-o Milk	Chicken Mixed w/ yellow rice Vegetables Sweet Fried Plantain Dinner Roll Fruit Salad Milk	Cheese Burger On Hamburger Bun Tomato & Lettuce Oven Baked Fries Apple Milk	Spaghetti & Meatballs Tossed Salad Garlic Roll Apple Sauce Milk	Cheese Pizza Tossed Salad W/ Dressing Banana Milk
Week 4 April 20-24	Special Fried Rice Chicken Stir Fry Chinese Vegetables Dinner Roll Fruit Cocktail Milk	Ground Beef White Rice Sweet Fried Plantains Cuban Bread Fresh fruit Milk	Salisbury Steak w/ gravy Mashed Potatoes Peas & Carrots Pineapple Tidbits Dinner Roll Milk	Chicken tenders Yellow rice w/corn Ceasar salad w/croutons Mandarin Segments Dinner Roll Milk	Cheese Pizza Tossed Salad W/ Dressing Fresh Fruit Milk
Week 5 April 27-30	Chicken Patty Hamburger Bun Lettuce & Tomato Corn on the cob Orange Milk	Beef Stew w/ vegetables White rice Dinner Roll Peaches Milk	Chicken Tenders Mashed Potatoes Broccoli w/ cheese Dinner Roll Peaches Milk	Beefaronni Italian Vegetables Tossed Salad With Dressing Garlic Bread Apple Milk	

**** SUBMIT THIS FORM WITH FULL PAYMENT ****